

# Quick Guide

Know how to find what you need—  
when you need it!

[equitable.makeityoursource.com](https://equitable.makeityoursource.com)

*make it yours*



EQUITABLE

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# Choose Your Benefits

**Get Ready Now, Enroll October 27 through November 7**

Your benefits marketplace makes it easy to find the right fit. Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



## Get Up to Speed

Visit the Make It Yours website at [equitable.makeityoursource.com](https://equitable.makeityoursource.com).

- Watch quick videos to see what your benefits are all about.
- Compare the coverage levels side-by-side.
- Get to know the carriers through [Your Carrier Connection](#)—get overviews, compare features and services, and access preview sites to see provider networks and prescription drug information.



## Enroll

Log on to Your Total Rewards™ at [digital.alight.com/equitable](https://digital.alight.com/equitable) or enroll through the Alight Mobile app.

Use the Help Me Choose tool to get fast answers about the best medical options for your situation by sharing what's important to you—including your doctors and any prescriptions you might take.

Once you've completed your enrollment online, you can view your future coverages and follow-ups anytime before your benefits begin.



## **Remember, you should enroll to make sure you get the coverage you want next year!**

Not only could your needs have changed, but other things could have changed too—including your options and prices, the network of doctors, and how your prescription drugs are covered. And, to change your contribution to a Health Savings Account (HSA) (if eligible) or contribute to a Flexible Spending Account (FSA), you must make an active election.

# Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up to speed before your benefits take effect.



## Get the Inside Scoop

Visit the Make It Yours website at [equitable.makeityoursource.com](https://equitable.makeityoursource.com).

- Get insider tips for “how to work the health care system” on many topics.
- Make the most of your benefits and your health care dollars.



## Manage Your Benefits

Log on to Your Total Rewards at [digital.alight.com/equitable](https://digital.alight.com/equitable) or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



## Stay in Step With Your Carrier

Once your coverage begins, register on the [insurance carrier](#) member site (you can get to it from the Make It Yours website) and download their mobile app.

- Keep track of your provider bills and payments online (once your coverage begins).
- Feel your best by taking advantage of all that your carrier offers, which may include telemedicine, health experts, and discount programs.



## Questions?

You can reach a customer service representative by scheduling an appointment through Your Total Rewards at [digital.alight.com/equitable](https://digital.alight.com/equitable). You can also call the Equitable Benefits Center at **1.800.829.2633** from 9:00 a.m. to 5:00 p.m. ET, Monday through Friday. If you don't connect with a representative right away, you will be given the option to save your place in line and be called back once a representative is available.